

DURHAM NEIGHBORHOOD COLLEGE 2024



# Cooperative Extension



Presented by  
**Donna Rewalt**, County Extension Director  
**Patience Mukelabai**, Welcome Baby Program Manager  
**Ashley Troth**, Horticulture Agent



# About Cooperative Extension

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The Durham County Center of NC Cooperative Extension creates opportunities for lifelong learning and connects residents with resources and research-based education that help improve quality of life.

We are part of North Carolina Cooperative Extension, an educational partnership between counties and our land grant universities, NC State and NC A&T.

Cooperative Extension is a department of Durham County Government.



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# Our Areas of Work



## Agriculture & Horticulture

- Extension Master Gardener Volunteer Program (EMGV)
- Briggs Avenue Community Garden
- Farm Campus

## Food, Health, and Nutrition – Family and Consumer Science (FCS)

- Expanded Food & Nutrition Education Program (EFNEP)
- Extension Master Food Volunteer Program (EMFV)

## Youth

- 4-H Youth Development (ages 5-18)
- Kids Voting Durham (K-12)

## Families

- Parent and Family Advocacy (PFAST & LPFAST)
- Welcome Baby

## Countywide Initiatives

- Food Security
- Early Childhood Action Plan & Durham PreK
- City-County Immigrant & Refugee Affairs

# ABOUT KIDS VOTING DURHAM

Kids Voting Durham is non-partisan program of the **Durham County Cooperative Extension** that helps youth under 18 believe in and understand the power they have as engaged citizens and informed voters. Through a combination of **hands-on learning opportunities, youth voice activities, family engagement, & and an authentic voting experience** Kids Voting builds the **knowledge, skills, and sense of agency** youth need to take full part in our community's civic life and our country's democratic practices now and as adults.



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# WHY SHOULD KIDS VOTE?



## INCREASED YOUTH VOTER TURNOUT

Youth who are exposed to voting in elections in elementary school are 40% more likely to vote as adults. Youth reach adulthood confident in their civic & voting skills.



## INCREASED ADULT VOTER TURNOUT

Youth act as civic instigators; KVUSA research has shown 3-6% increase in adult voting in KV communities.



## STRONGER YOUTH COMMUNITY ENGAGEMENT

Youth gain knowledge, skills, and motivation to be more active civic participants in their communities NOW as well as in future



## EQUITABLE CIVIC OPPORTUNITIES

KVD expands youth who have access to civic engagement experiences & helps to close identified civic opportunity gaps for youth.



## HEALTHIER COMMUNITIES

Research shows that a community's economic and physical health are often directly correlated with its civic health.



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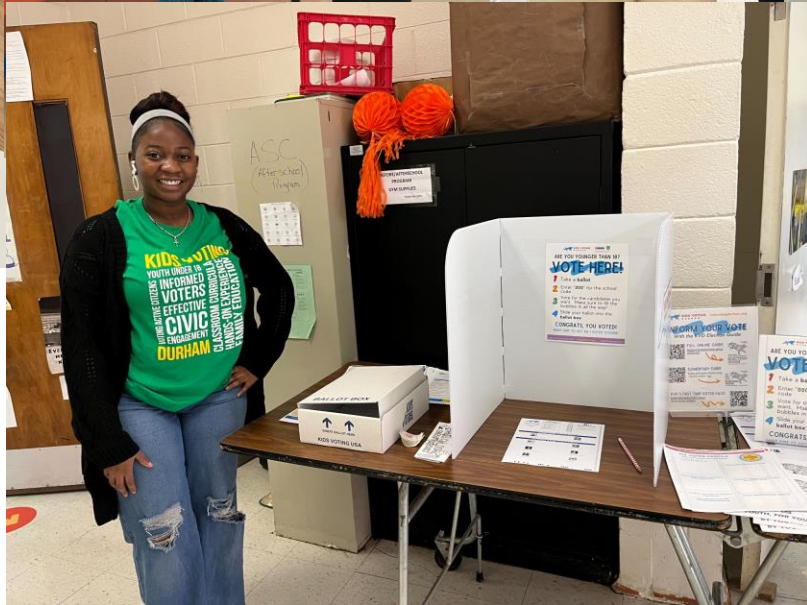
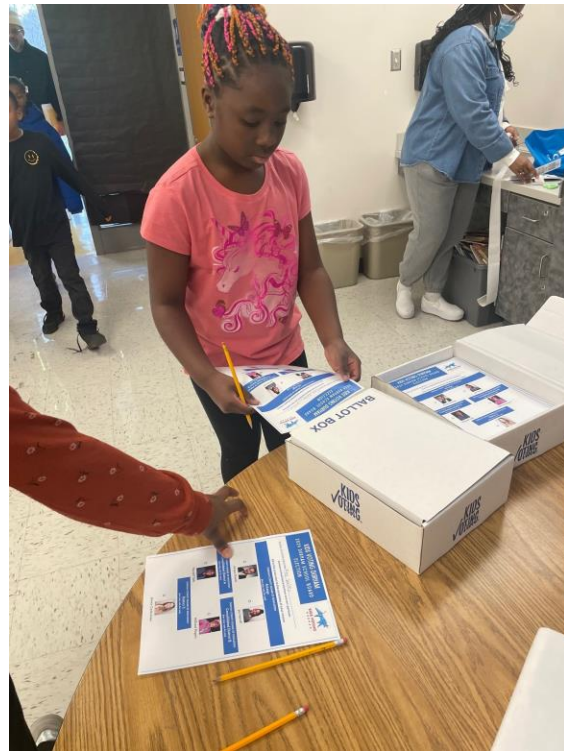


# KIDS VOTING TRANSLATES INTO LIFELONG LEARNING AND ACTION!





# RUNNING A KIDS VOTING SITE



# RUNNING A KIDS VOTING ELECTION SITE

- Anyone can run a Kids Voting Election site – community & workplace groups, youth groups, families. Great team-building activity and youth can earn service hours
- Kids Voting provides all the training and materials and will help you find an Election Day or Early Voting precinct to match you with. Site leader participates in a short training, recruits enough volunteers to staff the site, & sets the site up

**more information & sign up at  
[kidsvotingdurham.org/volunteer](https://kidsvotingdurham.org/volunteer)  
Carolyn Kreuger, Program Coordinator**



# WISH TREE ACTIVITY



**MAKE A WISH**  
& WORK WITH YOUR  
COMMUNITY  
TO MAKE IT COME TRUE  
**THAT'S  
CIVIC  
ENGAGEMENT**



# WHAT IS YOUR WISH FOR OUR COMMUNITY?

Write or draw it on a leaf  
and put it on the tree



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# ABOUT WELCOME BABY

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- Established 37 years ago as a volunteer hospital visitation program offering maternal emotional support and information on child development, parenting and community resources.
- Funded by Durham County and through grants from Durham's Partnership for Children, a Smart Start Initiative.
- Provides services to Durham families with children under 8 years old
- All services are available in English and Spanish





# PARENTING PROGRAMS



**Triple P**  
Positive Parenting Program  
*for every parent*

## Come join our “Triple P Parenting” Series!

Join us for this parenting series starting October 2 and get help with a variety of little people issues including; temper tantrums, non-compliance, chores, routines, etc. Classes are held both in person and virtually.

If you are interested in attending this series please call, or text Carmen at (919) 698-0667 or email [creeves@dconc.gov](mailto:creeves@dconc.gov) for registration details.

Welcome Baby is a program of Durham County Cooperative Extension- Supported with funds from Durham County Government, Durham's Partnership for Children, a Smart Start Initiative and The Duke Endowment.

NC COOPERATIVE EXTENSION  
Durham's Partnership for Children  
Cooperative Extension

Welcome Baby - Supporting Durham families for 35 years

## Motherread/Fatheread

- Literacy- based curriculum for families with newborns - 5years old

## Triple P Level 3 and 4

- 8-week series focusing on positive parenting tools
- Single topics such as Potty Training, Summer safety and School Readiness

## The Incredible Years Preschool BASIC

- 14-week series focusing on positive parenting tools and school readiness skills
- For Families with children ages 3-5years old



# PARENTING PROGRAMS



**Únase a nuestro grupo Triple P**

Este programa de paternidad para familias comienza el 7 de Octubre

Recibirá ayuda para resolver los problemas comunes que presenta la crianza: berrinches, malas contestaciones, rutinas, los niños no hacen caso... Las clases serán presenciales y virtuales

Si está interesado/a por favor contacte a Evelyn 919-698-0643 o Alfonso 984-227-0104 para más información o registrarse [eramirez@dconc.gov](mailto:eramirez@dconc.gov)

Welcome Baby es un programa de la Extensión Cooperativa de Durham, con fondos del Gobierno del Condado de Durham, Durham's Partnership for Children, la iniciativa Smart Start y The Duke Endowment.

Logos: Triple P Positive Parenting Program for every parent, Durham's Partnership for Children, NC COOPERATIVE EXTENSION, DURHAM COUNTY CO, Cooperative Extension

## The Incredible Years Autism and Language Delays

- 12-week series created to address the social and emotional development of children with autism spectrum disorder (ASD) and language delays

## Nurturing Fathers Program – A new Fatherhood Initiative

- 13-week group-based program for fathers and male caregivers, that focuses on nurturing relationships between fathers and their children.







# DIRECT SUPPORT SERVICES

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## Car Seat Safety Program

- ❖ For Durham families with children 0- 5years old
- ❖ Families attend a 2-hour car seat safety class
- ❖ Eligible to purchase a brand-new car seat at a discounted rate

## Cribs for Kids – SIDS Prevention

- ❖ For Durham families with children 0-6months
- ❖ By referral
- ❖ Complete SIDS prevention workshop



## WELCOME BABY Giving Closet

When: Fridays: 9AM-1PM  
721 Foster St. Durham, 27701

Drive Thru Only, Don't Park.



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- Durham families who are expecting-5 years old can receive clothing, diapers & accessories once every 2 months ,by APPOINTMENT ONLY.
- Durham Families who are 6 months pregnant -5yrs can receive children's clothes, diapers & accessories
- Expecting families starting at 4months can receive Maternity clothes & breastfeeding supplies.
- ALL items are based on availability.
- **Children are not required to come** to appointments. If children are present, they need to be in the appropriate **car seat and buckled up**.

FOR MORE INFORMATION, CALL:  
**(919) 560-7150**

(Leave a message and we will get back to you)

### NEW CLIENTS

Scan here to register and we will get back to you with an appointment.

No walk in appointments permitted.



If you do not upload documents to the registration form, bring the following items to your first appointment:

- **Photo ID**
- **Proof of Durham Address**
- **Birth Certificate OR Mother's Copy for children under 5**
- **Bag(s)**

FOLLOW US



@ WELCOME BABY DURHAM

# DIRECT SUPPORT SERVICES

## The Giving Closet

- Durham Families with children 0-5years old
- Families have 6 visits per year and by appointment only
- Families receive
  - Children's clothing
  - Maternity clothes
  - Diapers
  - Baby equipment

*Everything is based on availability*





VOLUNTEER



# HOW TO GET INVLOVED

What's cuter than kids socks?



Kids in socks!



Welcome Baby is collecting socks!

Newborn to size 9 children's

Help us keep

Toddler Tootsies Toasty

this Winter and join us for...

Contact Cindy at  
919-560-7319 or [ckriley@dcnc.org](mailto:ckriley@dcnc.org)  
for details

# SOCK- TEMBER



*Is your book club, neighborhood,  
faith community or business  
seeking a FUN outreach opportunity?  
Join Welcome Baby for....*

- Program Phone surveys
- Office duties
- Giving Closet Support
- Advisory Board Members
- Donating to Welcome Baby's Giving Closet

**Call for more information: 919-560-7150**

**Website: [welcomebaby.org](http://welcomebaby.org)**



# Agriculture and Horticulture Programs

Agriculture (Small Farms and Local Foods, Livestock)

Horticulture (Commercial and Residential)

Ways to Get Involved







# Agriculture

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- Field days, farm visits, webinars, direct support
- Connections to NCDA, regional specialists, University resources
- Farm Campus to support producers across the county





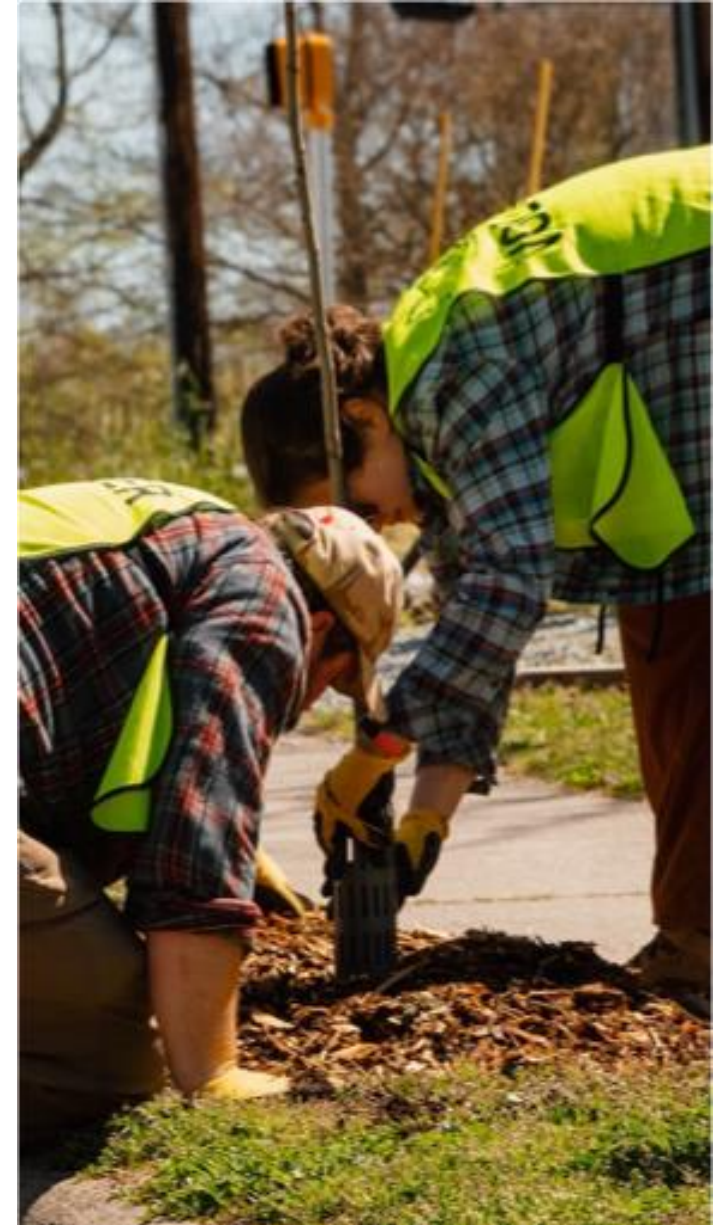
# Horticulture

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- Landscaper, nursery, and residential services and support
- Essential Services: Pesticide Safety Education, Soil Sample supplies and drop off
- Education and outreach through classes, demonstrations, field days, direct support (Plant Disease and Insect Clinic, NCDA)

# Volunteer Programs

- Extension Master Gardener volunteers provide research-based solutions, customized for our region
- Tree Keeper, Master Naturalist, Community Garden Volunteer Programs





# How to Get Involved

- Send us your questions  
([mastergardener@dconc.gov](mailto:mastergardener@dconc.gov))
- Join us for classes and demonstrations
- Volunteer!
  - Briggs Avenue Community Garden is year-round, Friday and Saturday mornings
  - Tree Keeper training in October
  - Master Gardener training in January, last information session is Thursday, 10/26 at 6pm



Learn more at [Durham.ces.ncsu.edu](https://Durham.ces.ncsu.edu)





Form AD-1 (April 2015)

### SOIL SAMPLE INFORMATION — N.C. Soil Only

NCDA&CS Agronomic Division Soil Testing Section  
 Mailing Address: 1040 Mail Service Center, Raleigh NC 27699-1040  
 Physical Address (UPS/FedEx): 4300 Reedy Creek Road, Raleigh NC 27607  
 Phone: (919) 733-2655 Website: www.ncagr.gov/agronomi

ROUTINE/PREDICTIVE SAMPLES  
 April - Thanksgiving: no fee  
 December-March: \$4/sample  
 Check online for exact dates.

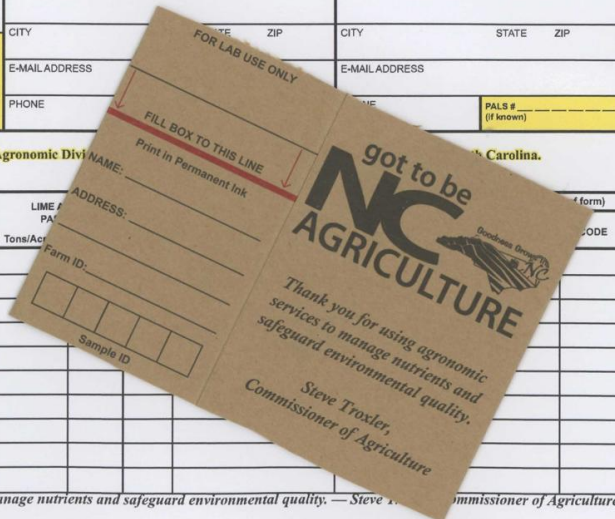
For laboratory results, go to [www.ncagr.gov/agronomi/pais](http://www.ncagr.gov/agronomi/pais).

SAMPLE INFORMATION		PAYMENT	GROWER INFORMATION (please print legibly)		CONSULTANT/OTHER RECIPIENT	
FARM ID (optional)	FEE TOTAL	METHOD OF PAYMENT	LAST NAME	FIRST NAME	LAST NAME	FIRST NAME
SAMPLE DATE (optional)	ESCROW ACCOUNT ONLY (write account name below)		ADDRESS (in N.C. where samples were collected)		ADDRESS	
NC COUNTY (where collected)	CITY		STATE	ZIP	CITY	STATE ZIP
NUMBER OF SAMPLES	E-MAIL ADDRESS		PHONE		PALS # (if known)	

Reminders: Use NCDA&CS sample boxes only. Fill to red line. Bags not accepted. Select crop code(s) from list on back of form.

By submitting this form to the NCDA&CS Agronomic Division, I authorize you to use my information for the purpose of providing agronomic services to manage nutrients and safeguard environmental quality. — Steve Troxler, Commissioner of Agriculture

LAB NUMBER (Leave blank)	SAMPLE IDENTIFICATION	LIME PA Tons/Ac	CODE
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			



# Why and How to Submit a Soil Sample

LEARN ABOUT YOUR SOIL, AND WHAT YOU NEED TO DO FOR YOUR SPECIFIC GARDEN

# Visit the Master Gardeners Online!

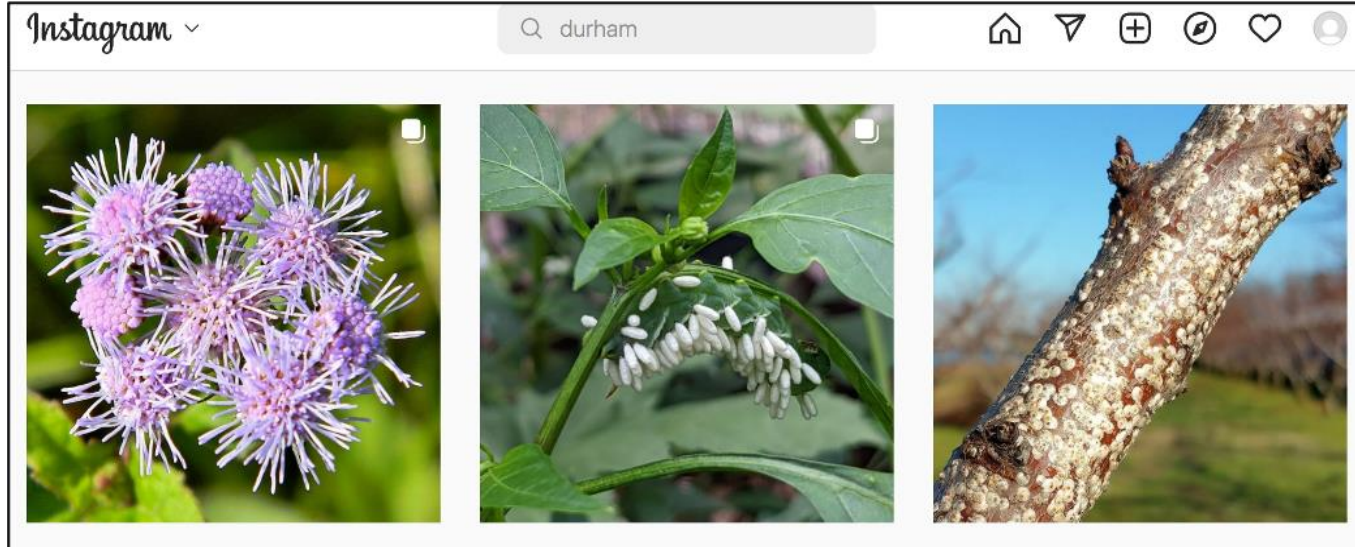
Blog: [Durhammastergardeners.com](https://durhammastergardeners.com)



@DurhamMasterGardeners



@DurhamNCMasterGardeners



## 2024 Seed Starters Taste Test: Revealing the Best Tomatoes and Peppers

ON [JULY 31, 2024](#) / BY [DURHAMMASTERGARDENERS](#) / [EDIT](#)

*By Bev Tisci and Melinda Heigel, NC State Extension Master Gardener<sup>SM</sup>  
volunteers of Durham County*



*Scenes from the July 2024 tasting event where members of the Extension Master Gardener volunteer team known as the Seed Starters conducted scientific and delicious taste tests to determine the most flavorful, disease-*

# Cooperative Extension Opportunities for Engagement

**Share our Work**

**Ask Questions**

**Sign up for our Newsletter** <https://durham.ces.ncsu.edu/email-me>

**Volunteer with us!**

- 4-H Clubs
- Kids Voting
- Briggs Avenue Community Garden
- EMFV and EMGV (training required)
- Welcome Baby
- Office Support & Social Media



Contact Cindy Riley, Volunteer Services, [ckriley@dconc.gov](mailto:ckriley@dconc.gov) or 919-560-7319





STAY CONNECTED



# Cooperative Extension



<https://durham.ces.ncsu.edu>



Facebook: @durhamextension  
X, Formerly Twitter: @durhamextension  
Instagram: @durhamextension

**Donna Rewalt**

County Extension Director

[drewalt@dconc.gov](mailto:drewalt@dconc.gov) /

[drewalt@ncsu.edu](mailto:drewalt@ncsu.edu)

Visit us at the County Agriculture Building @ 721 Foster Street  
in Durham's Central Park



# DURHAM NEIGHBORHOOD COLLEGE 2024 Questions?

