

# Layered Yogurt Parfaits

Prep Time 10 min  
Servings: 4



## INGREDIENTS

- 4 cups plain or vanilla yogurt
- 4 cups fresh berries or chopped fruit (such as peaches or pears)
- 1 cup granola

## DIRECTIONS



Start with clean hands!  
Wash your hands with soap and water.

1. To make one parfait: Put  $\frac{1}{2}$  cup yogurt in a bowl or clear glass jar. Top with  $\frac{1}{2}$  cup fruit. Repeat to make another layer of fruit and yogurt. Top with  $\frac{1}{4}$  cup granola and enjoy!
2. Repeat step one to make an additional three parfaits.



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