

Roasted Sweet Potatoes

Prep time: 10 min
Cook time: 30 min
Serves 4



INGREDIENTS

- 2 sweet potatoes, scrubbed and cut into 1 inch cubes
- 2 tablespoons olive oil
- 1/2 teaspoon ground cinnamon
- 1/4 teaspoon salt
- 1/2 teaspoon pepper

DIRECTIONS



Start with clean hands!
Wash your hands with soap and water.

1. Preheat the oven to 375 degrees.
2. In a large bowl, toss all of the ingredients together.
3. Spread out sweet potato mixture on a large baking sheet.
4. Bake in the oven for 25-30 minutes or until the sweet potatoes are cooked through.