

## Rainbow Salad

Prep Time: 15 min Servings: 4

## **INGREDIENTS**

- 6-8-ounces of baby spinach (a small bag)
- ½ cup shredded carrots (1-2 carrots)
- 1/2 apple, chopped (to prevent browning, toss chopped apple with a teaspoon of lemon juice)
- 14 cup dried cranberries

## Orange Vinaigrette **Dressing**

- 2 tablespoons olive oil
- 1 Tablespoon red wine vinegar
- 1 Tablespoon orange marmalade
- 1 Tablespoon orange



- 1. Wash spinach leaves and add to bowl.
- 2. Add shredded carrots, chopped apple and dried cranberries to spinach leaves.
- 3. Add vinaigrette ingredients to small mason jar. Close the lid and shake well to mix. Or, combine dressing ingredients in a small bowl and whisk together with a fork until combined.
- 4. Drizzle vinaigrette over salad to taste.
- Toss and serve!





