

# Pineapple Ginger Water

**Prep time: 5 min + 2  
hour wait  
Makes 8 cups**



## INGREDIENTS

- 1 cup fresh pineapple pieces (crushed for a sweeter taste)
- 1-inch piece ginger, thinly sliced
- 2 quarts water
- Ice

## DIRECTIONS



Start with clean hands!  
Wash your hands with soap and water.

1. Add the pineapple and ginger to a 64-ounce pitcher.
2. Pour the water over top and refrigerate for 2 hours.
3. Serve over ice.



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This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP.

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