

Mint Carrot Salad

Prep Time: 10 min
Makes: 1 1/2 cups



INGREDIENTS

- 3 large carrots, scrubbed and peeled
- Juice of one lime
- Grated zest of half a lime
- 1/2 cup chopped fresh mint leaves
- 1/3 cup roasted peanuts (optional)
- 1 teaspoon honey
- 1/2 teaspoon salt

DIRECTIONS



Start with clean hands!
Wash your hands with soap and water.

1. Carefully grate the carrots on the large holes of the box grater and put them in a bowl.
2. Stir in the lime juice and zest, mint, peanuts, honey and salt.
3. Serve right away or cover and refrigerate up to 3 days.



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