

Granola Bites

Prep time: 15 min
Serves 8



INGREDIENTS

- 1½ cups oats (rolled or quick)
- ½ cup raisins
- ½ cup sunflower seed butter (or other nut butter)
- ⅓ cup honey
- 1 teaspoon vanilla
- Optional ingredients: cocoa powder, shredded coconut, chopped nuts

DIRECTIONS



Start with clean hands!
Wash your hands with soap and water.

1. Stir together all ingredients in a large bowl, mixing thoroughly to combine.
2. Make 1-inch wide balls using either a spoon, a small cookie scoop, or your clean hands.
3. If desired, roll balls in cocoa powder, shredded coconut or chopped nuts.
4. Store in the refrigerator and enjoy for up to 1 week!