Granola Bites

Prep time: 15 min Serves 8



INGREDIENTS

- 1½ cups oats (rolled or quick)
- $\frac{1}{2}$ cup raisins
- ¹/₂ cup sunflower seed butter (or other nut butter)
- $\frac{1}{3}$ cup honey
- 1 teaspoon vanilla
- Optional ingredients: cocoa powder, shredded coconut, chopped nuts

Start with clean hands! DIRECTIONS Kart with clean hands! Wash your hands with soap and water.

- 1. Stir together all ingredients in a large bowl, mixing thoroughly to combine.
- 2. Make 1-inch wide balls using either a spoon, a small cookie scoop, or your clean hands.
- 3. If desired, roll balls in cocoa powder, shredded coconut or chopped nuts.
- 4. Store in the refrigerator and enjoy for up to 1 week!



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