**Durham's Innovative Nutrition Education Program** 

## DINE COMMUNITY

DINE is a team of Registered Dietitians (RDs), who teach interactive nutrition and cooking classes, promote healthy messaging, and partner with sites to help facilitate environmental changes that encourage healthy choices.

2022-2023 DINE in Community programming resulted in:

870 Adults in Durham received nutrition education in

23 community cooking demos 79 interactive classes

89-95% of adults participating in DINE reported:



- they learned something new that was nutrition-related
- they planned to make nutritionrelated changes

66 I will start making quinoa at home- it's delicious! I loved this class! It taught me a lot of things I did not know."

~ Adult participant

Other ways DINE supported the community:

new social media posts, reels, stories, and videos in **English and Spanish** 

23,775

adults reached through social media, community events, and handouts

adults reached with messaging about drinking more water

## Durham Double Bucks joined neighboring Orange and Wake County markets to create **Triangle Double Bucks**



Very grateful double bucks makes shopping for higher quality, local food accessible for me. ~Double Bucks customer





4,186 total transactions from eligible Double Bucks benefit programs

Over \$122,000 in Double Bucks provided to customers 747 customers\* shopped with EBT benefits

\$194,821 in local foods purchased with Double Bucks, EBT, and WIC & Senior FMNP

## Of 135 customers surveyed at four markets:

94% say Double Bucks made food more accessible

91% prefer to spend their benefits at the market instead of the grocery store

70% shop at the market because of Double Bucks

84% eat more fruits and vegetables because of Double Bucks

## **Double Bucks highlight**

DINE worked alongside markets to coordinate and promote special events for WIC families and seniors. The events provided an additional \$10 in Double Bucks, taste tests, recipes, and other resources.



DINE thanks the 2023 funders of Double Bucks, **Duke Office of Community Health** and **Durham County Government**. DINE also thanks **Farmer Foodshare** for being an amazing fiscal sponsor and partner.











