



Broccoli Salad

Prep Time: 15 min
Makes 6 cups

INGREDIENTS

- 1 large or 2 small heads of broccoli, or 4 cups precut broccoli florets
- 1 cup dried cranberries
- ½ cup hulled sunflower seeds
- 2 tablespoons chopped red onion

DRESSING INGREDIENTS

- ½ cup mayonnaise
- ½ cup plain yogurt
- 1 tablespoon apple cider vinegar
- 1 tablespoon sugar

DIRECTIONS



Start with clean hands!
Wash your hands with soap and water.

1. If broccoli is not already in florets, break or cut the broccoli into small florets.
2. Add broccoli, dried cranberries, sunflower seeds, and red onions to a large mixing bowl.
3. In a smaller bowl, mix together the ingredients for the dressing.
4. Pour dressing over the ingredients in the large mixing bowl.
5. Stir well to combine and enjoy!