Prevention Education

Committee Co-Chairs: Dr. Angelo Burch & Dr. Wanda Boone

- **Committee Members:**
 - Nicole Schramm-Sapyta, Duke University
 - Anne Sporn, Resilient Together
 - Nancy Kneepkens, Good Neighbor Business Network
 - Patience Wall, Policy Bridge
 - Denene Hinton, Alliance Behavioral Health
 - Crishna Murray, Youth Performance Learning
 - Tonya Stancil, Health Educator (TRY)
 - Paula Harrington, Oxford House
 - Stephanie Morgan, Tia Howard NCCU
 - Kelcey Jackson Duke
 - TRY Coalition

Current Activities:

- Develop the BRSS TACS Support Network as described in the action plan
- Marijuana Use among College Students at NCCU (CollegeTRY)
- High Risk Alcohol Use among College Students at Duke University (CollegeTRY)
- Examine and address substance use resulting from trauma (AHHH/TRY)

Measures:

- BRSS TACS Number served, social determinants of health addressed, gender, age, race/ethnicity (DJT)
- Marijuana Use SAMHSA Perception of Risk Survey
 45.54% of students surveyed used marijuana in the past 30 days. 34.17 % of students report that there was no risk associated with marijuana once or twice a week. 43.22 % of students perceive that their friends feel it's not wrong at all to smoke marijuana
 NEXT STEPS (NCCU) When asked where students would go for help the majority answered, "to a peer." Develop College Community Recovery Supports training from SAMHSA's Bringing Recovery Supports to Scale Technical Assistance Center Strategy. (BRSS TACS)
- High Risk Alcohol Use Duke National Collegiate Health Assessment
 In 2018 around 51% of students drink in a regular basis. About 1/3 of students partake in binge drinking on a regular basis. 1/3 of students exhibited signs of binge drinking 45% of students said that they did something they later regretted while they were under the influence of alcohol. 99% of students realize that alcohol is a dangerous substance and they need to have some kind of safe guard in place.
- NEXT STEPS (Duke): Continue to develop policies aimed at increasing student safety and rehabilitation of substance abuse. Heightened future focus on <u>cocaine and psychedelics</u>.
 Emphasis on community and organizational outreach to increase effectiveness. Utilize TRY's established community contacts to this end.
- Resilience with Equity Focus Groups, Pre and Post Test (Assets)
 Continue to hold focus groups and end with a Design Thinking workshop to identify common themes.

Next Meeting and Location: 2nd Wednesday 10:30 AM Golden Belt, 3rd floor (full prevention) and 3rd Tuesday 4:00 PM Golden Belt 6-010 (corner Morning Glory and Belt) For more information contact: Dr. Wanda Boone wanda.durhamtry@gmail.com