



DURHAM COUNTY GOVERNMENT

# EMPLOYEE WELLNESS CLINIC

The most important thing people can do for themselves and their families is to stay healthy. Durham County Government provides an onsite medical clinic that features a free, confidential way to help employees meet their health goals.

Our clinic is staffed by Family Nurse Practitioners and a Registered Medical Assistant, and offers a variety of services including:

- Health Risk Assessments
- The development of treatment plans and follow up for chronic disease management
- Tobacco cessation
- Weight management
- Episodic care (sinus problems, flu, general medications)
- Lab tests
- Medication prescriptions

Employees may go to the clinic for issues ranging from minor, non-work related injuries to assistance in managing chronic diseases.

The clinic services are provided at no cost to the employee and employees do not have to use sick leave for Wellness Clinic appointments/visits.